New Jersey Medicare Advantage Enrollment Has Grown Modestly
by Timothy McBride, Yolonda Lahren, and Steven Meyer

The number of persons enrolled in Medicare Advantage (MA) and prepaid plans in New Jersey grew modestly between December 2005 and September 2007, from over 102,000 to almost 116,000 persons, an increase of about 14% (Table 1). The enrollment in MA plans represents about 9% of New Jersey Medicare beneficiaries, trailing the national enrollment rate of 20%.

There are no rural counties in New Jersey, so all MA enrollment in New Jersey is in urban areas.

Table 1. Enrollment in Medicare Advantage and Prepaid Plans in New Jersey, 2005-2007

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<tbody>
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<td>All Medicare Advantage and Prepaid Plans:</td>
<td>Total 102,081</td>
<td>115,878</td>
<td>8.0%</td>
<td>9.1%</td>
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<td>PFFS Plans:</td>
<td>Total 0</td>
<td>2,163</td>
<td>0.0%</td>
<td>0.2%</td>
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Source: RUPRI Center for Rural Health Policy Analysis, based on Centers for Medicare and Medicaid Services data, as of September 2007.

Note: PFFS = private fee-for-service.

Modest Growth in Private Fee-for-Service Plans

Although private fee-for-service (PFFS) plans are starting to have a presence in New Jersey, most of the growth has been in other types of MA plans. While in December 2005 there were no enrollees in PFFS plans statewide, enrollment in PFFS plans jumped to over 2,100 in September 2007 (Table 1).

Medicare Advantage Plans Described

MA plans are private-sector plans that contract with Medicare to provide all Medicare-related services, plus additional benefits (e.g., prescription drugs, vision care, preventive care), sometimes at an additional cost to beneficiaries. Prepaid plans are special plans created over the years by legislation and comprise mostly “cost” plans. PFFS plans, created by legislation in 1997, are private MA plans that contract with Medicare like other MA plans, but for the most part do not operate networks of providers, such as health maintenance organizations (HMOs) operate. Instead, PFFS plans pay providers on a fee-for-service basis after receiving payment from Medicare.

Conclusion and Implications

MA plans have spread to more areas and enrolled a higher number of beneficiaries due to a number of factors, including significant growth in payment to MA plans. PFFS plans have gained a strong foothold in rural areas because the differential between the MA Medicare payment and traditional Medicare payment is large, and because it is less difficult to set up a PFFS plan than other types of MA plans (e.g., HMOs). Thus, there are strong incentives for PFFS plans to seek rural enrollment. While it is too early to gauge the full impact of MA plans, these plans give more options to Medicare recipients and lower out-of-pocket costs. On the other hand, providers have had to make significant adjustments in timing and collection practices to deal with these new Medicare program payers. The U.S. Congress is now wrestling with how to pay for the rapid growth in MA plans, especially PFFS plans.

Contact and Further Information

For further information, please contact Timothy D. McBride, Ph.D., RUPRI Center for Rural Health Policy Analysis, (314) 977-4094 or mcbridet@slu.edu.

For more information on national MA enrollment figures, see policy briefs and tables posted on the RUPRI Center Web site at http://www.unmc.edu/ruprihealth.