Developing an Evidence-based Practice Model of Care for Older Iowans with Mental Illnesses

WEDNESDAY, MARCH 29TH 2006
1:00 - 5:00 PM

FEATURED SPEAKERS:
Patricia Arean, PhD
Steve Bartels, MD
Martha Bruce, PhD
Michael Flaum, MD

THE DES MOINES BOTANICAL CENTER
909 Robert D Ray Drive
Des Moines, IA 50316

SPONSORED BY:
The University of Iowa Center on Aging
The University of Iowa Roy J. and Lucille A. Carver College of Medicine
Iowa Coalition on Mental Health and Aging
Iowa Department of Human Services

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**PRIMARY PURPOSE**
To identify the critical points in establishing an evidence-based practice model that identifies older adults with mental illnesses who present in primary health care settings.

**TARGET AUDIENCE**
This conference is intended for multi-disciplinary health care professionals and service providers including physicians, social workers, nurses and other primary care providers, or administrators who provide health and mental health care services to older adults.

**EDUCATIONAL OBJECTIVES**
Upon completion of this conference, the participant should be able to:

1. Define well established treatments for older adults with mental illnesses.
2. Determine the best way to identify individuals over the age of 65 who are at risk for mental illnesses and present in primary care settings.
3. Consider the most appropriate method to initiate targeted mental health care.
4. Analyze the outcomes of mental health treatment for older persons.

**CONTINUING EDUCATION CREDIT**
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**MEETING AGENDA**

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<td>12:30 - 1:00</td>
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| 1:00 | Welcome and Introductions  
Brian Kaskie, University of Iowa, College of Public Health  
Lila Starr, Department of Human Services |
| 1:05 - 1:45 | Evidence-based Mental Health Practice, What Does it Look Like in Iowa?  
Michael Flaum, MD  
University of Iowa, Department of Psychiatry  
Dr. Flaum is a professor of psychiatry at the University of Iowa, directs the Iowa Consortium for Mental Health and is an expert in the provision of psychiatric services in Iowa. |
| 1:45 - 2:45 | Key Elements to Developing an Evidence-based Model of Care for Older Adults with Mental Illnesses  
Stephen J. Bartels, MD  
Dartmouth College, College of Medicine  
Dr. Bartels has served as a consultant to the President's New Freedom Commission on Mental Health and is past president of the American Association for Geriatric Psychiatry. He is a national expert on evidence-based practices for older adults. |
| 2:45 - 3:00 | BREAK (refreshments provided) |
| 3:00 - 4:00 | Co-locating Mental Health Services in Primary Care Settings: An East Coast Perspective  
Martha L. Bruce, PhD  
Cornell University, Weill College of Medicine  
Dr. Bruce is a leading expert in the use of mental health services by older populations and is the director of the National Institute of Mental Health-American Association of Geriatric Psychiatry Advanced Research Institute. |
| 4:00 - 5:00 | Co-locating Mental Health Services in Primary Care Settings: A West Coast Perspective  
Patricia Arean, PhD  
Univ. of California, San Francisco, College of Medicine  
Dr. Arean is a national expert in the integration of mental health service in primary care settings and has studied a disease management model for treating depression in older primary care patients. |